



# SCHOOL FRIEND

social project

# WHAT ARE THE WORK STRANDS OF SCHOOL FRIEND?

The School Friend project aims to help kids and teens who are experiencing a difficult life situation.

We create an environment where every child receives the attention they need, giving them the opportunity to study the school curriculum at their own pace. Our project helps youngsters to pass their exams and choose a profession that suits best. We also encourage children to find new hobbies and overcome any fears in communication with other people.

We bring together volunteers, activists, students, university teachers, foundations and organisations to set up classes for our students.



## 36 000

children of Russian specialised educational institutions

-  lessons take place online and face-to-face
-  the project was launched in January 2021
-  development and realisation: Roscongress Foundation

# MISSION OF THE SCHOOL FRIEND PROJECT

**-TO CREATE ADDED LEARNING FEATURES FOR CHILDREN AND ADOLESCENTS FACILITATING THE DECISION MAKING ABOUT THEIR FUTURE WELL-BEING THROUGH SOCIO-CULTURAL EDUCATION**



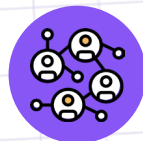
# PROJECT GOALS:



Create additional opportunities for the successful mastering of the school programme



Help graduates prepare for their final exams and admission to universities and colleges



Adapt adolescents to life in the real world and teach them social responsibility and commitment to the community

# PROJECT GOALS:



Strengthen the role of student communities in the prevention of deviant behaviour and delinquency among minors

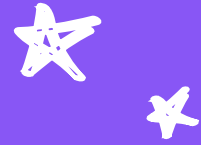


Promote professional self-determination



Develop internship programmes and organise summer work placements for adolescents

# FOCUS AREAS OF WORK



key area

- 1 GENERAL BASIC EDUCATION
- 2 CAREER GUIDANCE AND PSYCHOLOGICAL ASSISTANCE
- 3 TUTORING (MENTORING)
- 4 CULTURAL AND LEISURE EDUCATION
- 5 WORK EXPERIENCE EDUCATION



# GENERAL BASIC EDUCATION BLOCK

This is the main area of work of School Friend

## FOR STUDENTS

- ✦ Classes in subjects on the school curriculum
- ✦ Individual training programmes based on the student's level, timeframe and goals
- ✦ Exam preparation for students in grades 4, 9, and 11
- ✦ Help in mastering needed subjects and improving overall academic performance
- ✦ Additional courses in Spanish, Chinese, Korean and Japanese are available

English, French, German, biology, geography, computer science, history, literature, mathematics, world art culture, fundamentals of health and safety, life sciences, social studies, Russian, physics, etc.

## FOR VOLUNTEER TUTORS

- ✦ Teacher training

# CAREER GUIDANCE AND PSYCHOLOGICAL ASSISTANCE BLOCK

Help adolescents decide on a career

## FOR STUDENTS

- ✦ Career advice and assistance in finding an interesting and in-demand occupations
- ✦ Lectures and practical lessons with creative tasks on various professions
- ✦ Psychological support, help cope with conflicts and stress, both during exams and in everyday life

## FOR PARENTS AND EDUCATORS

- ✦ Recommendations for different behaviours, advice and instructions on how to overcome and prevent “dangerous” situations
- ✦ Help in developing a rapport with teenagers





# TUTOR BLOCK

Lectures and hands-on activities to help develop independence and useful life skills

## MY INCOME

Fundamentals of financial literacy:

- ✦ Personal finance, how to plan and allocate resources
- ✦ Financial security: how not to fall victim to fraud
- ✦ Fundamentals of investing
- ✦ Loans and micro-loans

Block launched in March 2023 at the Paper Bird Charitable Foundation for Children and Adults Hospice

## TIME AS A RESOURCE

Time management and fundamentals of social project planning:

- ✦ Time resource management techniques
- ✦ Planning
- ✦ Goals setting

## SOCIAL ETIQUETTE

Developing communication skills:

- ✦ Basics of business communication
- ✦ Simulation of everyday situations and conflict resolution
- ✦ Basic rules of etiquette in dealing with the opposite gender
- ✦ Dress code rules

# TUTOR BLOCK

Lectures and hands-on activities to help develop independence and useful life skills

A pilot programme with a group of students with disabilities is on the plan line

## PUBLIC SPEAKING AND CREATIVE DEVELOPMENT

A series of training seminars to help gain self-confidence:

- ✦ Developing the students' imagination
- ✦ Letting go of internal and external sources of stress
- ✦ Overcoming one's fear of public speaking
- ✦ Developing emotional intelligence
- ✦ Improving communication and interaction with peers and adults

## GETTING STARTED

Individual and group (up to three people) consultations on the choice of the next educational institution (college, university):

- ✦ Determining the student's professional preferences
- ✦ Finding out the opportunities in the region where the undergraduate lives
- ✦ Personal development and career planning map
- ✦ Aid with preparing and submitting applications
- ✦ Information support at all stages

# CULTURAL AND LEISURE EDUCATION BLOCK



Expansion of the mental outlook and implementation of the sociocultural approach in education

## SPORTS AND LEISURE ACTIVITIES

Morning get-togethers, parties, health days .

## LANGUAGES OF THE WORLD

English, Spanish, Chinese, Korean, German, French, and Japanese from beginner's level.

## GEOGRAPHY OF RUSSIA

Lectures and creative assignments to explore the nature, history and culture of Russia. Students will learn about the unique history of the regions, their attractiveness for tourists, the values of indigenous peoples and the development of the territories.

# IN THE 3+ YEARS OF THE PROJECT'S ACTIVITY, WE HAVE COME TO THE FOLLOWING RESULTS:

**6700+**

classes (10 050+ hours) conducted

**800+**

Volunteers recruited

**1200+**

students got help to improve their grades and successfully passed their final exams



We work in

**51**

regions of Russia, as well as in South Korea and Belarus



# CALENDAR OF EVENTS



Work on the  
main areas

Getting the project  
up and running

**AUG**

Information  
campaign,  
collection of  
applications

**SEP**

Application review  
and processing, training  
of volunteers, formation  
of training groups  
and classes schedule

**OCT**

Start of classes

**NOV**

Collecting  
additional  
applications

**DEC**

Midterm exams

**JAN**

Collection  
of additional  
applications

**FEB**

Cultural  
and leisure  
activities

**MAR**

Midterm exams, termination  
of the applications for  
the current academic year

**APR**

Classes

**MAY**

Final  
Exams

**JUN**

Individual consultations  
during the exam period,  
results of the school year

**JUL**

Summer programmes  
for children with  
disabilities, training  
courses adjustments

# OUR VALUES



## OPENNESS

We are happy to share knowledge and build a community of adults who care. We talk openly about our achievements and the School Friend team.

## SAFETY

School Friend is a genuine friend you can rely on and someone with whom it's OK to make mistakes. Everything with us is clear, visual and we are always open to dialogue.

## SIMPLICITY

We stand for transparency. We follow this principle and are always ready to tell you about how our project works.

## AIMING FOR MAXIMUM RESULTS

We constantly develop and aspire to help every project participant reach their goals.

# HOW TO GET ASSISTANCE?

- 1 Fill in the registration form on the project's VK group page:

[vk.com/schoolfriend\\_roscongress](https://vk.com/schoolfriend_roscongress)

- 2 Wait for feedback from the supervisor and discuss the details
- 3 Submit documents signed by the child's legal representative (confirmation of eligibility, consent to the processing of personal data, application for participation in the project)
- 4 Receive confirmation and make a preliminary class schedule

Ages: 10 to 18

## WHO IS ELIGIBLE FOR ASSISTANCE?

- ✦ children and adolescents living in orphanages, foster homes and crisis centres
- ✦ children and adolescents from low-income families
- ✦ orphans and children without parental care
- ✦ children and adolescents with disabilities
- ✦ children who are experiencing significant hardships

# BECOME A PROJECT HERO



Are you ready to share useful knowledge, support talented children and teens, and help them find themselves?

Become a School Friend volunteer – a tutor, regional coordinator, guidance counsellor, or expert.

## VOLUNTEERING IN THE PROJECT

is an opportunity to develop your professional and personal qualities:

- ✦ Gain practical teaching experience
- ✦ Improve communication, planning, and public speaking skills
- ✦ Receive additional training in working with a variety of children and adolescents
- ✦ Complete practical training for your university course and receive letters of appreciation
- ✦ See how experts rate your curriculum
- ✦ Receive pleasant bonuses from one of the project's partners, 'Another Matter' platform



# HOW TO BECOME A VOLUNTEER?

- 1 Fill in the registration form on the project's VK group page:

[vk.com/schoolfriend\\_roscongress](https://vk.com/schoolfriend_roscongress)

- 2 Pass an interview with a project supervisor
- 3 Take a test to assess your skills and see what kind of group you would be comfortable working with
- 4 Receive confirmation and draw up a preliminary work schedule

## WHO CAN GET HELP?

- ✦ College and university students in their second or subsequent years of study
- ✦ Current and former teachers of schools, colleges, and universities
- ✦ Representatives of other professions whose experience and skills may contribute to the creative and intellectual development of children and adolescents

# OUR PARTNERS



St. Petersburg State Budgetary Institution  
«City Center for Social Programs  
and Prevention of antisocial phenomena  
among young people «KONTAKT»»



**Другое  
Дело**

Another  
Thing



Autonomous non-profit organization –  
organization of additional professional  
education «Profi-center»



Association  
of Volunteer  
Centers

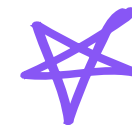


National Academy of Continuing  
Professional Education



Good Hare  
Inclusive  
City Project

# OUR PARTNERS



Gomel City Center  
for Social Services  
for Families and Children



LLC «Methodium»



The Redstone  
consulting



Infintech  
Corporation JSC



Everest



Itology

# LET'S BE FRIENDS!



Contact us for participation, partnership, and support inquiries on the School Friend project:



Ilya Gulidin –  
programme curator



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